



30 Hour OSHA Safety and Health Outreach Training Program/CEU Registration Form

The OSHA Construction Outreach Training Program is a voluntary training program intended to assist individuals in recognizing, comprehending and complying with federal OSHA requirements. CSC Training Academy offers the 30-Hour OSHA Construction Outreach Training Programs, in-house or on-site, utilizing the latest teaching techniques and audio-visual aids to deliver needed information to workers and supervisors in a professional and informative manner.

This training is intended to provide an initial overview of key OSHA Construction Industry Standards. The content of the training is flexible, permitting CSC Training Academy to individually tailor training programs to suit any organizations industry-related, site-specific safety-needs. The benefits of the outreach training course are immediate for both employee and employer and include increased workplace safety awareness and compliance. Each attendee will receive a copy of OSHA Code of Federal Regulations for the Construction Industry, CFR 1926, an invaluable resource that will surely be used time and time again. Expect to walk away from CSC Training Academy's 30 HR OSHA armed with the knowledge, reference materials and understanding of OSHA regulations to assist in establishing a safer workplace and reducing overall job-related costs.

30 Hour OSHA Information

This program includes OSHA policies, procedures, and standards, as well as construction safety and health principles. The training will place emphasis on those areas that are most hazardous, using OSHA standards as a guide. This program is more applicable for the construction supervisor, with a more intensified focus on various occupational safety and health standards. Course participants can expect to be able to locate and identify OSHA standards in 29 CFR 1926; identify common causes of accidents and fatalities in hazardous areas of construction; recommend abatement techniques for such hazards; and recognize various construction processes, materials and equipment

Course Completion Materials

Participants are required to attend all class sessions to receive a completion certificate and OSHA completion card. Completion certificate will be issued at the conclusion of the training program. Participants who successfully complete the course will receive a laminated 30-hour OSHA card within 4-6 weeks after conclusion of class directly issued by OSHA.



Sample Course Outline

Each of the following topics will be covered during an OSHA Outreach Training Course.

- **Introduction to OSHA**
- **Managing Safety and Health**
- **OSHA Focus Four Hazards—**
 1. **Falls**
 2. **Electrocution**
 3. **Struck By**
 4. **Caught-In or Between**

- **Personal Protective Equipment**
- **Health Hazards in Construction**
- **Stairways and Ladders**
- **Concrete and Masonry Construction**
- **Confined Space Entry**
- **Cranes, Derricks, Hoists, Elevators, and Conveyors**
- **Ergonomics**
- **Excavations**
- **Fire Protection and Prevention**
- **Materials Handling, Storage, Use and Disposal**
- **Motor Vehicles, Mechanized Equipment and Marine Operations; Rollover Protective Structures and Overhead Protection; and Signs, Signals and Barricades**
- **Powered Industrial Vehicles**
- **Safety and Health Programs**
- **Scaffolds**
- **Steel Erection**
- **Tools – Hand and Power**
- **Welding and Cutting**
- **Foundations for Safety Leadership**

CEUs (Continuing Education Units)

3.0

CEU Requirements

1. **100% attendance for the OSHA 30 Certification**
2. **Completion of Continuing Education and Training Registration Form**
3. **Active participation in all class exercises (determined by course instructor)**
4. **Completion of required pre-and post-quiz assessment**
5. **As applicable, achievement of minimum passing score of 70% on required end-of-course examination**
6. **Participation and submittal of end-of-course evaluation form (must provide name on form to receive credit)**



Course Fees and Registration

Registration fee includes the cost of all course materials, unless otherwise indicated. Discounted course fees available for advance registrations, for the same event, paid in full prior to the class.

- Individual Course Fee: \$350.00**
- Group discounted Course Fee for 6 to 9 attendees: \$325.00 per participant**
- Group discounted Course Fee for 10 + attendees: \$300.00 per participant**

Any registration requires a 50% non-refundable deposit payment to confirm space (s). Full fees are payable upon receipt of confirmation, or payment can be mailed with your registration form (all credit card payments must be called in) no later than two weeks prior to the training event start date. Cancellation or reschedule requests must be received at least three days in advance of the event to receive refunded deposit payment. Otherwise all fees are subject to forfeiture. CSC Training Academy reserves the right to reschedule or cancel any program (s) for any reason, including insufficient enrollment.

Accepted Forms of Payment

Visa, MasterCard or AMEX *

(Credit card payments will only be accepted via phone or email prior to the training event; however, a credit card authorization form must be completed and received by fax or email in order to process the payment requested).

Money Order

Certified BankChecks

Personal Check or Company Check** Please make all checks payable to "CSC Training Academy"

**** Any non certified check will require a minimum 5 to 10 day hold on the release of course completion materials. No exceptions.**

CSC Training Academy Phone: (347)200-8888

**1111 Morris Avenue
Second Floor Bronx,
NY 10456**

Website: www.csctrainingacademy.com

30 Hour OSHA Safety and Health Outreach Training Program

This form is to be filled in completely and returned to our office via email at register@csctrainingacademy.com. Please send the original form and the required non-refundable deposit to CSC Training Academy, 1111 Morris Avenue, Bronx, NY 10456. If you will be paying a deposit by credit card, please call (347)200-8888 to request a credit card authorization form and a member of CSC Training Academy will process the payment upon receipt of the completed form. 1111 Morris Avenue, Bronx, NY 10456 Your space will not be guaranteed without a non-refundable deposit payment of 50% of total course fees.



Participant Information

Name: _____
Address: _____

City State Zip Code Home
Telephone #: _____ Cell Phone #: _____
Date of Birth: _____ Social Security# _____
Email Address: _____

Company Information

Company Name: _____
Company Address: _____

City State Zip Code _____
Comp. Telephone #: _____ Comp. Fax #: _____

Actual course schedule may be altered at the discretion of CSC Training Academy based on class minimum. In such instances, deposits will be returned or applied towards the next available program. Cancellations will be accepted up to (3) business days prior to start of training and deposits will be retained by CSC Training Academy. Cancellations that occur within 3 or less days will be subject to forfeiture of full course fee (s). Class failure is automatic forfeiture of all course fee

*****Items below are for use by the Registrar's Office only*****

ID Verification approved _____ Yes _____ No _____ Comments _____